Grocery Deals for Oct. 21 - Oct. 27, 2009

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Beef	Albertsons	Vons	Ralphs	Henrys
Beef Cross Rib Roast, Boneless			$3.99/lb	
Beef Cross Rib Steak, Boneless			$3.99/lb	
Beef Stew Meat, Boneless		$2.99/lb		
Boneless Eye of Round	$3.99/lb			
Ground Beef 85% lean	$1.97/lb			
Ground Sirloin 96% lean		$4.99/lb		
London Broil			$3.99/lb	
NY Steaks, boneless		$5.99/lb	$6.99/lb	
Rib Eye Steak	$7.99/lb			
Sirloin Tip Roast	$3.99/lb			
Sirloin Tip Steaks	$3.99/lb			
Top Sirloin Steak, Boneless		$2.47/lb		
T-Bone Steaks	$7.99/lb	$5.99/lb	$3.97/lb	
Tri-Tip Roast, trimmed		$4.99/lb		
Tri-Tip Roast, untrimmed	$1.99/lb (Fri-Sun)			
Tri-Tip Steak	$4.99/lb			
Pork				
Pork Loin Chops, Bone In				$1.88/lb
Pork Loin, Whole Boneless	$3.99/lb	$1.97/lb		
Pork Loin, Chops Boneless	$3.99/lb		$4.99/lb	
Pork Country Style Ribs, bone-in	$1.99/lb		$1.99/lb	
Pork Picnic Roast, Bone-in			99¢/lb	
Pork Shoulder Butt Roast			$1.99/lb	
Pork Spareribs (prev frozen)	$1.99/lb		$1.99/lb	
Poultry				
Chicken Breast Tenders, Boneless Skinless				$1.88/lb
Chicken Breast, Boneless Skinless	$1.77/lb	$1.97/lb		
Chicken Breast, Split		$1.69/lb	$1.99/lb	
Chicken, Thigh Boneless		$1.97/lb		
Turkey, All Jenie-O			BOGO	
Turkey, Ground Jenie-O	$3.49/lb			
Turkey, Breast Tenderloins Foster Farms			$6.99/lb	
Seafood				
Catfish	$5.99/lb	$5.99/lb	$2.99/lb	
Pacific Red Snapper Fillets			$6.99/lb	
Salmon Fillets, Fresh Atlantic (farm raised)	$6.99/lb			
Sole Fillets	$5.99/lb		$6.99/lb	

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Swai Fillet			$2.99/lb	
Tilapia Fillets	$2.99/lb	$3.99/lb	$2.99/lb	
Produce				
Apples, Gala	$1.99/lb	10 lbs/$10		77¢/lb
Apples, Granny Smith	$1.99/lb		$1.99/lb	
Apples, Red Delicious	$1.99/lb		$1.99/lb	
Asparagus, Green	$1.49/lb			
Avocados, Hass	2/$3	10/$10		3/$1
Bean, Green			$1.47/lb	
Bell Peppers, Green			79¢/ea	3/$1
Blackberries (5.6oz pkg)	$2.99/ea			
Broccoli			99¢/lb	
Carrots, Baby 1-lb bag		10 lbs/$10		2/$5
Cauliflower			99¢/lb	
Celery			79¢/ea	77¢/ea
Cilantro				3/$1
Cucumbers, Hot House	$1.69/ea			
Fresh Express Salad Blends	2/$3	10/$10		
Grapes, Red Seedless	$1.99/lb	77¢/lb		
Lettuce, Iceberg			99¢/ea	
Lettuce, Romaine				97¢/ea
Mushrooms, Whole, White or Baby Bella 8 oz	$1.99/ea			
Onion, Green				3/$1
Onion, Sweet Yellow	99¢/lb			
Onions, White	99¢/lb		79¢/llb	3lbs/$1
Onions, Red	99¢/lb	10 lbs/$10	79¢/llb	
Onions, Yellow		10 lbs/$10		3lbs/$1
Oranges, Valencia 4lb bag			$3.47/ea	
Peaches	$1.79/lb			
Pears, Bartlett	$1.29/lb	10 lbs/$10	99¢/lb	
Pears, Bosc			99¢/lb	3lbs/$1
Pears, Red	$1.29/lb			
Pears, D'Anjou		10 lbs/$10		97¢/lb
Pineapple				BOGO
Potato, Russet Bag 10lbs			$1.99/ea	
Potato, Russet Bag 5lbs	$1.99/ea			
Pumpkins	39¢/lb	BOGO (Sat-Sun)		BOGO
Radishes				3/$1
Raspberries 5.6oz pkg.	$2.99/ea			
Ready Pac Salad Blends				BOGO
Squash, Crooked Yellow Neck		10 lbs/$10		
Squash, Zucchini		10 lbs/$10		
Strawberries 16 oz	$2.99/ea		2/$3	
Tomatoes on the Vine	99¢/lb			

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Tomatoes, Roma			99¢/lb	
Watermelon, Red Seedless				BOGO
Dairy				
Eggs, Large 18 ct. (limit 1) COUPON in flyer	$1.49/ea			
Sour Cream, Albertsons 16 oz	10/$10			
Misc.				
Buy an iTunes gift card of $15 or more and get $5 off your candy purchase	FREE CANDY			
Albertsons Pasta	10/$10			
Nestle or Tollhouse Morsels	2/$4			