

Grocery Deals for January 13 - January 19, 2010

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	Albertsons	Vons	Ralphs	Henrys
Beef				
Eye of Round Roast, Boneless	\$2.99/lb			
Bottom Round Rump Roast		\$2.99/lb		
Chuck Roast	\$2.99/lb			\$2.99/lb
Cross Rib Roast, Boneless		\$2.49/lb	\$3.99/lb	\$2.99/lb
Filet Mignon, Steak				\$9.99/lb
Flank, Steak		\$6.99/lb		
Ground Beef 96% lean		\$4.99/lb		
Ground Beef 85% lean			\$3.99/lb	
Ground Beef 80% lean		\$1.99/lb		
Ground Sirloin 93% lean				\$2.99/lb
Ground Sirloin 90% lean	\$2.99/lb			\$2.99/lb
NY Strip, bone in	\$6.99/lb			
Rib Eye Steak (boneless)	\$6.99/lb			
Rump Roast				\$2.99/lb
Sirloin Tip Roast	\$2.99/lb			\$2.99/lb
Skirt Steak		\$5.49/lb		
Top Sirloin Steak, Boneless	\$2.99/lb	\$3.99/lb	\$4.99/lb	
T-Bone Steaks		\$3.97/lb	\$3.77/lb	
Pork				
Pork, Country Style Ribs (bone in, max pack)	10lbs/\$10	\$1.27/lb		
Pork Loin Chops, Bone In	\$3.99/lb			
Pork Loin Chops, Boneless			\$4.99/lb	
Pork Loin, Whole Boneless		\$4.99/lb	\$4.99/lb	
Pork, Sirloin Chops Bone-In			99¢/lb	
Pork Shoulder Butt Roast	10lbs/\$10	\$1.29/lb		
Pork, Top Loin Chops Boneless		\$3.49/lb		
Poultry				
Chicken Breast, Boneless Skinless	\$3.99/lb	\$1.77/lb	\$2.99/lb	\$1.88/lb
Chicken Breast, Split		\$1.69/lb		
Chicken Drumsticks or Thighs, Foster Farms		\$1.99/lb		
Chicken Drumsticks, or Thighs (max pack)	10lbs/\$10			
Chicken, Quarter Leg (max pack)	10lbs/\$10			
Chicken, Thigh Boneless Skinless		\$1.77/lb		\$1.99/lb
Turkey, Ground	10/\$10 (16oz frozen roll)	\$1.99/lb (Jennie-O Sat & Sun only)		
Seafood				
Crab, King legs	\$9.99/lb			

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Red Snapper, filets				\$4.99/lb
Salmon, Atlantic,	\$3.99/6oz	\$5.99/lb	\$5.99/lb	
Scallops, Large	\$9.99/lb			
Shrimp, Raw (16-20 Count)	\$6.99/lb			
Shrimp, Colossal (up to 15)				\$6.99/lb
Shrimp, Cooked (91-120 Count)	\$4.99/lb			
Swai, filets	\$2.99/lb			
Tilapia, filets	\$2.99/lb			
Produce				
Apples, Braeburn				88¢/lb
Apples, Fuji	2lbs/\$3			88¢/lb
Apples, Granny Smith	2lbs/\$3		10lbs/\$10	
Apples, Red Delicious			10lbs/\$10	
Asparagus, Green		\$3.49/lb		\$2.49/lb
Asparagus, White		\$3.49/lb		
Avocados, Hass	10/\$10	2/\$1 (Sat & Sun only)	10/\$10	
Bananas	39¢/lb			
Bell Peppers, Green				49¢/ea
Blackberries		2/\$5 (6oz pkg)	2/\$4 (6oz pkg)	2/\$5 (5.6oz pkg)
Blueberries (6oz pkg)				2/\$5
Broccoli			99¢/lb	97¢/lb
Broccoli Crowns	\$1.49/lb	88¢/lb		
Carrots, peeled 1-lb bag	2/\$3		10/\$10	97¢ /ea (organic)
Cauliflower	\$1.49/lb		99¢/lb	
Celery				88¢/ea
Cherries, Red		\$2.49/lb		\$2.49/lb
Cucumbers			79¢/ea	
Cucumbers, Hot House	2/\$3			
Fresh Express Salad Garden Salad, Coleslaw or Shreds	99¢/ea	2/\$4 (salad kits only)	2/\$5 (salad kits only)	
Grapefruit, Red	69¢/ea	79¢/ea		
Green Onions			2/\$1	
Lettuce, Iceberg			99¢/ea	88¢/ea
Lemons	2/\$1			
Mangoes				49¢/ea
Melons, Cantaloupes	69¢/lb		3lbs/99¢	
Nectarines		\$2.49/lb		
Onions, Red				49¢/lb
Onions, White				49¢/lb
Onion, Yellow		99¢/lb		49¢/lb
Oranges, Cara Cara	\$1.49/lb	99¢/lb		
Oranges, Navel	99¢/lb	98¢/lb	3lbs/99¢	77¢/lb
Peaches		\$2.49/lb		
Pears, Bartlett	2lbs/\$3			
Pears, Bosc	2lbs/\$3			

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Pears, D'Anjou	2lbs/\$3			
Pears, Red	2lbs/\$3			
Pineapple			99¢/lb	
Potatoes, Russet				77¢/lb
Red Radishes			2/\$1	
Satsuma Mandarins		\$3.99/5lb box		
Strawberries (1lb pkg)				2/\$5
Tangelos, Minneola	99¢/lb			49¢/lb
Tangerines, Clementine	\$4.99/3lb bag			
Tomatoes on the Vine				2lbs/\$5
Tomatoes, Grape 1 pint	\$2.99/ea			
Tomatoes, Roma	\$1.49/lb		10lbs/\$10	
Dairy				
Cream Cheese, Brick	10/\$10	\$1.49/ea		
Cream Cheese, 8oz soft		\$1.49/ea		
Cheese, Chunk or Shredded Ralphs			\$1.99/ea	
Eggs, Large 18-count		\$1.49/ea (with coupon & \$10 min. purchase)		
Eggs, Large 12-count			BOGO	
Sour Cream	10/\$10 (8oz)	2/\$3 (16oz)		
Whipped Topping, Albertsons 8oz	10/\$10			
Misc.				
All Vitamins & Supplements				25% off
Minute Maid Lemonade or Punch	10/\$10			
Simply Singles Juice or Drinks	10/\$10		10/\$10	
Guerrero Flour Tortillas, 10ct	10/\$10			
Aquafresh toothpaste	10/\$10			
Frozen Vegetables,	10/\$10 (16oz)		10/\$10 (10-12oz)	
Kellogg's Cereals	\$1.88/ea	2/\$3 (select varieties Sat & Sun Only)		
Carnation Evaporated Milk	10/\$10		10/\$10	
Softsoap Liquid Hand Soap, 7.5oz	10/\$10			
Colgate Toothpaste			10/\$10	
Suave Shampoo, Conditioner or Hand Lotion			10/\$10	